

MENORAH PARK CAMPUS NEWS

Menorah Park Center for Senior Living Community Newsletter

January 2011

Expansion is FUNdamental!

More Children to Enjoy Daycare Nearer to Parents

Young children and toddlers wearing hard-hats and ear-to-ear grins melted onlookers' hearts during their celebratory trek down the hall near their newly expanding daycare center as they sang "Hi-ho, hi-ho, it's off to work we go." In the background, a huge clawed machine sat poised to take a chunk out of the existing daycare yard, and fresh shovels awaited VIPs and donors who were thrilled to be part of the growth experience.

During the recent groundbreaking of the Scholnick Family Enrichment Center at the FUNDamentals Child Care Center, located on the Menorah Park Campus,

FUNDamental's Director Melissa Altman described the expansion as a dream come true. "When I first came on as director, one of the first things I heard was, 'this center will be expanding!'" and now, it's happening, and I am so excited that we will have the opportunity to serve even more children," she said. Before becoming the director, Melissa was the Assistant Director at the inception of the FUNDamentals Intergenerational Program and realized that this combination of young child and older adult would be part of her future.

In 1994, thanks in part to the generosity and foresight of Dr. Marvin and Susan Schermer, the FUNDamentals Child Care Center opened its doors. Now, as

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Tots from FUNDamentals look on with excitement during the groundbreaking for the new addition.



*Happy
New Year*

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*See Rock Legend's Menorah
Park Connection on Page 9*



This newsletter is printed
on recycled paper.

From The Administrator's Desk

2010: Another Memorable Year for Menorah Park



**Steven Raichilson,
Menorah Park
Executive Director**

Since our inception in 1906, our Center has continually focused on providing the best client service possible. This past year was marked by several unique recognitions of outstanding quality for Menorah Park. The National Centers for Medicare and Medicaid Services (CMS) rated Menorah Park's nursing home programs Five Stars based on quality metrics determined by CMS, an honor bestowed upon only

ten percent of the nation's nursing homes. Our nursing home also received a perfect, "deficiency-free" patient care inspection from the Ohio Department of Health, as did our Stone Gardens Assisted Living Residence. We are also extremely proud that the Cleveland Plain Dealer, in its annual survey of the best employers and places to work in Northeast Ohio, ranked Menorah Park third among large employers.

As always, our annual success as a charitable senior living provider is measured by several important factors including: operational and fiscal performance, quality of service, the level of client enrichment, and the degree to which we focus on strategic priorities to ensure that our organization remains a state-of-the art provider in the future. In this context, I am proud to review more of our achievements in 2010.

In operations, we achieved our fiscal and budget goals. Most of our community service programs reached or exceeded expected levels of client utilization. Our new hospice program expanded operations from the nursing home to our three apartment residences. Programs such as Post-hospital Rehabilitation, Home Health, Adult Day Care, and our residences all exceeded census and surplus cash flow projections. We opened our new Dialysis Center early in the year and with the help of the Mt. Sinai Health Care Foundation, an innovative Adaptive Living Shoppe was created to provide the latest daily living products and sophisticated devices to our campus and community clients. We also achieved a "management letter free" audit, attesting to the hard work of our Finance Team under the direction of our new CFO, Bob Matitia.

We initiated many new life enrichment opportunities for clients in 2010. Examples include adding a beautiful front patio to The R. H. Myers Apartments, starting a popular

monthly wine tasting program in our nursing home, and implementing a new daily breakfast minyan program in the Jennie & Jacob Sapirstein Synagogue to accentuate morning religious service attendance. Thirteen married couples on the campus studied together for thirteen weeks and then renewed their marriage vows in a large celebration, for which we recently won the Jewish Program Award from the national Association of Jewish Aging Services. The new Neighborhood Dining program encourages our apartment clients to dine at any of our three apartment residences and increases socialization opportunities.

Many strategic initiatives began in 2010, designed to strengthen and safeguard Menorah Park's mission in the challenging years ahead, especially with current economic forecasts. We secured a generous grant from the Cleveland Foundation to hire additional Foundation senior staff to increase our fund development capability. Our goal is to build up our Foundation to significantly fund operations in the years ahead as government cutbacks occur. You will hear about many more new and exciting initiatives in the coming months!

A new Board/Staff Long Range Planning process was initiated in 2010 to assess our changing environment and to develop new client care and service programs over the next five years to meet the needs of the community now, and in the future.

Our many successes in 2010 are due to the devotion and hard work of trustees, donors, volunteers, families, clients and staff who worked tirelessly throughout the year to ensure that Menorah Park remains one of the finest providers of its type in the nation.



Hudesa Gora turned 100 years old recently and was honored to have her birth date proclaimed Hudesa Gora Day by the City of Beachwood in an official proclamation hand-delivered by Councilman Mark I. Wachter.

Visiting Youth Bring us Enthusiasm, Joy and Hope



**Rabbi Ephraim Karp,
Director of Spiritual
Living**

One of the most amazing sights in Menorah Park is the children. Does this confuse or surprise you? Perhaps you did not realize that every day our residents enjoy visits from our young children who attend the FUNdamentals Child Care Center. They can often be seen traveling through the hallway in

a line or riding in a buggy that seats a number of toddlers; always smiling, sometimes singing, and sometimes, even whining, as children do. It is a delightful sight that reminds our residents of life. We are also fortunate to have many visitors from the various schools or youth groups in our community as well. We just had a visit from an Agnon elementary school band, and from the junior high students from the Fuchs Mizrachi School. We have had visits from the students of the Hebrew Academy, Mosdos, the young ladies of the Yavne Academy, and campers from the Chabad Girls camp.

We are even beginning a new program with the students from the Gross Schechter School which will involve some extensive education into the mitzvah of Bikur Holim, or visiting the sick, as well as the mitzvah of Kibud Av V'Aim, or honoring our parents and our elders. Staff members from our Activities and Spiritual Living departments will visit the Schechter school to teach the students about the special needs of our seniors, and the wonderful ways they can develop new friendships with the residents of our campus. This will be followed by visits and training for the students and some valuable programs throughout the coming year! We hope that this will serve as a model for developing relationships with the students from the other community schools as well.

It is a very exciting venture when we can bring children and young adults to Menorah Park. Many of our seniors have experienced great difficulties in their past and to see another generation of young children developing and flourishing is a great inspiration! There are many venues by which the younger generations can be part of our amazing campus, whether it is through our Junior Volunteers program, their schools or youth groups, or by just visiting family and friends. To have our community visible and active as a part of our residents' lives reminds them that they too are still an important part of the community and that life is still full of enthusiasm, joy and hope!

Our Precious Objects

Keep your eyes open for a very special series of photos from Photographer Chuck Mintz. Residents from around campus were photographed at Stone Gardens with their prized possessions, ranging from family heirlooms to childhood nightgowns for a series that may be included in Mr. Mintzes upcoming book and future gallery appearances.

Each participant wrote two to three sentences about their precious object that will also become part of the work. To see the exhibit in the coming months, or for more information, contact Mr. Mintz at chuck@chuckmintz.com.



290 items were collected by staff and clients of the Peter B Lewis Aquatic & Therapy Center in December. Clients LOVE this food drive and look forward to it every year. The OSU vs. Michigan theme is always great fun when giving.

"Your Life Made Simpler"



The Menorah Park Adaptive Living Shoppe offers a variety of assistive products, devices and solutions to make your life easier

January Special
Introducing CareLink with first month free.
The latest in emergency response systems.

Adaptive Living 
Solutions for an easier life **Shoppe**
On the Menorah Park Campus, 27100 Cedar Road, Beachwood

Equipment for Rental and Sale:

NEW – Emergency Response System

Kitchen Adaptive Devices	Magnifiers
Talking Watches and Calculators	Phone Amplifiers
Bathing and Dressing Devices	Stove Safety Devices
Motion Lighting	Medicine Dispensers
Exercise Videos and Kits	Ergonomic Chairs

216-450-5566

www.AdaptiveLivingShoppe.com

A Person-Centered Approach Key to Wellness

Menorah Park's team of doctors, nurses, social workers, therapists (on staff) and activities professionals share the belief that recovery from illness, surgery or injury after a hospital stay happens best with a holistic, person-centered approach to planning and delivery of post-hospital rehabilitation services. It is our mission to provide high quality care to the adult community and help you return home safely and as independently as possible. We even have an apartment similar to many in the community to practice and perfect skills of daily living safely with the support of therapists, who may also make recommendations for products that assist with independence such as reachers, lighted canes and other supports that you can find on campus at the Adaptive Living Shoppe.

We take excellence seriously, asking for input through quality of life committees and satisfaction surveys from clients and their family. Any issues are quickly resolved and we take pride in receiving comments like this one.

"I spent almost all of October at your facility," writes a former patient. "Your reputation was not at all overblown. The physical and occupational therapists were excellent. They were not treating a case, but a person."

It's what we would want for our loved ones, so it's what we deliver to you.

This individual attention to medical, emotional, social and intellectual needs has placed Menorah Park among the top

ten percent of senior care centers nationally. Even with more than 900 sub-acute admissions annually, rigorous state inspections consistently give high ratings in all aspects of care and services.

Staff members attend bi-weekly mandatory classes that promote guest and customer relations.

The Person-Centered Care and Quality-of-Life programs encourage "extras," such as pancake breakfasts, bagel brunches, gourmet dining at Menorah Café, wireless internet access, a small merry-go-round, indoor and outdoor play areas for the enjoyment of visiting grandchildren and great-grandchildren, and more.

And when ready to go home, staff assists with a complete care plan that can include Menorah Park's home health services or outpatient therapy at the Peter B. Lewis Aquatic & Therapy Center as a seamless approach. You won't have to explain your needs repeatedly, because communication is streamlined and we know you as an individual.

Menorah Park offers 24/7 admissions and accepts Medicare and most private insurances.

Reservations can be made for care after planned surgeries.

Call Lisa Cohen-Kiraly for more details at 216-839-6633. For outpatient physical therapy, call the Peter B. Lewis Aquatic & Therapy Center at 216-595-7345.

Expansion is FUNdamental! *continued from page 1*

the prediction of imminent growth comes to fruition, the expanded facility will help to accommodate more than 30 additional children of staff. Keeping staff members' children in on-site daycare has major advantages that ultimately help us to serve our clients and residents better, according to Menorah Park Executive Director Steven Raichilson. Raichilson quoted studies that indicate that

employee turnover in similar facilities is more than 50 percent. However, at Menorah Park Campus, one of only two large healthcare facilities in the area with on-site daycare, the turnover of staff is only seven percent, a more than 40 percent difference. This translates to better client care, because of the established relationships and strong bonds among residents, families and staff. We're a family.

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SAVE THE DATE!

Check out the beautiful artwork of 93 year old artist and Menorah Park resident Daniel Solomon at his first art show at the Beachwood Community Center from January 7th through January 29th. Mazel Tov Daniel!

Also, Mr. Solomon's art, along with campus artist Hy Snell, will be featured on "Golden Opportunities" on WKYC Channel 3, which will air on Sunay, January 16th, during the middle of the run of the exhibit. For more information, contact Sherry Gavanditti at 216-839-6687, or sgavanditti@menorahpark.org.

Hy Snell creating a masterpiece.



Daniel Solomon's Fisherman painting

Generous Gifts From Thoughtful People

Donations to the Menorah Park Foundation benefit the residents of Menorah Park skilled nursing home, The R.H. Myers Apartments, Stone Gardens, and Wiggins Place. *The donations listed here were received between November 1-30, 2010.* We make every effort to ensure that the information is accurate. Please let us know of any errors or omissions. Thank you.

2010 Annual Campaign

AAA Pipe Cleaning Corporation, Hope & Stanley Adelstein, American Alert Corp., Mae Berkman, Susannah & Avery Cohen, Ellen & Vic Cohn, Carol & Stew Collins, Electrical Appliance Repair Service, Mary & Oliver Emerson, Richard Engel, Ellen & Michael Feuer, Gem Electric, Randi & James Grodin, Candy & Brent Grover, Howard Guggenheim, Ruth Hanauer, Hastings Water Works Inc., Carol & Sol Jacobs in memory of their son Jacob, James B. Oswald Co., Judith & Fred Klotzman, Allison & Les Levine, Bette Lichaw, Richard Lichaw, Ethel & Earl Linden, McGladrey & Pullen, LLP, Morsch Medical/Christine & Brad Morsch, Gerald Rothschild, Rose Rubin, Carole Levinthal & Richard Schwalberg, Service-Tech Corporation, Lawrence Sherman, Laura & Alvin Siegal, Simplex Grinnell, Taft Stettinius & Hollister LLP, Tom Schaefer Plumbing, Warwick Communications, Inc., Sam Weingard, Ellen & Frederick Widen, Mildred Zalben

Joanne & Robert Balantzow Cultural Arts Fund

In memory of Sam Sudick and Franklin Krause – Joanne & Robb Balantzow

Martha & Robert H. Binstock New Years Eve Party Fund

In memory of Franklin Krause – Martha & Robert Binstock

Lynn & Barry Chesler Looking aHead Arts & Crafts Fund

In memory of Abe Kadis, Elliott Adelman, Mary Ann Spender-Murray and Colleen Tuck – Lynn & Barry Chesler

In memory of Cyril Reider – Ellen & Larry Chernikoff, Lynn & Dennis Weisman

Sally Roth Cohen Spirit Award Fund

In memory of Lee Bernstein – Carolyn & Allan Hartman

Matilda & Morton P. Cohn Fund

Ellen & Vic Cohn

Philip L. Danzinger Memorial Medical Fund

In honor of Judy & Marvin Solganik's 50th wedding anniversary and in memory of Franklin Krause and Lillian Porutchyck – Judy & Howard Danzinger

Gertrude K. Glueck End-of-Life Care Education Fund

Gail & Ralph Bernstein

Gordon Family Fund

In honor of the B'nai Mitzvah of Davyd & Tsofia – Howard, Rachel, & Jeremy Krause

Dr. Arnold L. Heller Memorial Fund

In honor of Fred Isenstadt's milestone birthday – Doris Heller Cramer

Bertha & Abe Kipperman Aquatic Equipment Fund

In honor of Sue Marik's milestone birthday and Marcia & Joe Polevoi's 60th wedding anniversary – Marcia & Bud Ungar

In memory of Alvin (Danny) Baumal – Sandy Blum & David Marik

Bella & Albert Korman Children's Outings Fund

In memory of Burton Platt and Edna Smith – Sharon & Sheldon Korman

Adeline & Alvin Krenzler Family Fund

In memory of Judge Alvin Krenzler – Barbara & Richard Rosner

Dr. Samuel & Rosa Lobe Memorial Fund

Rosa & Samuel Lobe Memorial Fund of the Jewish Federation of Cleveland

Hortense Meyer Family Dreams Fund

In memory of Marion Halle – Amy & Lee Handel

Bonnie & Dieter Myers Young Artists Fund

In memory of Richard Myers – Jackie Elsner

Bertha "Birdie" & Jack Polster Entertainment Fund

In memory of Sylvia Brooks – Lois Kaye

Gertrude & Henry Polster Memorial Fund

In memory of Lee Bernstein – Frances & Sheldon Polster

Enid & David Rosenberg Dream Fund

In memory of Noreen Levine – Enid & David Rosenberg

Enid & Stanley Rothenfeld Memorial Fund

In memory of Jeffrey Barmen – Susan & Robert Zimmer

Mildred Saltzman Mother's Day Fund

In memory of Dora Sack and Freda Davis – Helene Krasney

In memory of Freda Davis – Judith & Burton Saltzman

Edith and Alvin Schreiberman Garden Fund

In memory of Howard Schreiberman and Elliott Adelman – Barbara & Richard Schreiberman

Barbara & Richard Schreiberman Oneg Shabbat Fund

In memory of Abe Kadis – Barbara & Richard Schreiberman

Naomi & Edwin Z. Singer Fund

In honor of Edwin Z. Singer's milestone birthday – Nancy & Norman Hyams

Dora & Harry Solganik Fund

In honor of Judy & Marvin Solganik's 50th wedding anniversary – Rosalyn & Joseph Wolf

In honor of Judy & Marvin Solganik's 50th wedding anniversary and Marvin Solganik's birthday – Joyce & George Becker

Yetta Sustin & Goldie Rashkow Distinguished Nurse Award Fund

Kenneth S. Sustin

Ida and Herman Weinberg Jewish Holiday Fund

In memory of Frank Krause and Lisa Copeland's mother – Beverly & Sanford Weinberg

Jean & William Wilkoff Judaic Art Fund

In honor of Lois Marcus receiving a Kipnis-Wilson/Friedland award from the Jewish Federation of North America – Carole & Bill Lipton

Illein and Hans Youngman Floral Fund

In memory of Hugh Brenis – Illein Youngman

FUNDamentals Children's Center Expansion

Phyllis Marcus

David & Inez Myers Foundation

Susan Schermer

Hospice Program

In memory of Freda Davis – Elaine & Joel Axelrod, Maribelle Axelrod & Lloyd Howard, Frank Briganti & Family, Cheryl & Norman Gutmacher, Ellen & Jeffrey Leavitt, Marlene & Jerry Leeds, Allison & Les Levine, Howard Slater, Mary Solomon, Gail Stroud

In memory of Alvin (Danny) Baumal – Sandra Green

In memory of Harold Sicherman – Marjorie Grodin

In memory of Ruth Pitrone – Jeanette Brenis, Roxanne & Marlin Farver, Myra Rachow

In memory of Jane Zwerin – Sandra Arndt, Helen & Lester Brodsky, Margaret & Jonathan Chesler, Sharon & Bruce Epstein, Howard Slater, Marjorie Stern

General Support

Support of Teen Philanthropy and Leadership Board – Naomi & Edwin Z. Singer

To purchase an ambulance for Menorah Park – Lois & Martin Marcus, Shelley & Greg Marcus

In honor of Laura & Alvin Siegal's honor at Cedar Road Synagogue – Eileen Katovsky & Family and Wendy Gernsheimer

In honor of Hermine Skully – Leia Bendersky

In honor of Ernie Tallisman's birthday – Debbie & Michael Feiner Family

In memory of Alvin (Danny) Baomal – Muriel Clar, Sarah Felder, Bina & Ralph Friedman, Lee Goldberg, Lois & Leo Jacobson, Roberta & Richard Katzman, Florence & Gerald Lander, Arnold Miller, Jean & Arnold Mitchell, Mary Polen & Richard Pilisdorf, Anita & Michael Pupa, Charlene & Richard Ratner, Barbara & K. Paul Schultz, Maude & Melvin Shafron, Lillian Tobin, Joyce & Mark Wasserman

In memory of Belle Bieber – Richard Bieber & Family

In memory of Fannie Bobrow – Ellen Nathan & Family

In memory of Hugh Brenis – Gail & Dominic Dipasqua, Phyllis & Harold Feldman, Barbara & Stan Frankel, Elaine & David Kornswiet, Naomi & Herb Lieberman, Celia Sinoway, Edna & Paul Stein, Bernice & Isadore Wolf

In memory of Sylvia Brooks – Bernice Hutkin, Carolyn Ketron, Mary & Kenneth Nelson, Estelle Payner, Roda Rosenblatt, Marcia & Stuart Spiro

In memory of Marjorie Cooper – Tucker Ellis & West LLP

In memory of Sue Delley – Naomi & Edwin Z. Singer

In memory of Lucille Evans – MSC Industrial Supply Company/Sid Tool

In memory of Revella Feigenbaum – Barbara Bloch & Terry Bandler, Elaine Neifach, Sandra & Jerome Spector

In memory of Celia Friedman – Catherine & Richard Fishbach, Shirley Rand

In memory of Sam Gilbert – Mitzi Schneider

In memory of Harvey Gottlieb – Deborah Franklin

In memory of Abe Kadis – Gloria & Ian Abrams, Monica & Loren Allenick and Family, Nora & Brian Berman, Honnie & Stanley Busch, Ellen & Steve Cohn, Gerald Davis, Linda & Brad Demsey, Julie & Steven Deutch, Carole Frank, Rina & Samuel Frankel, Deborah Franklin, Ira Goffman, Adrienne & Philip Goldberg, Florence & Robert Goodman, Cari & Gary Gross, Rochelle & Harley Gross, Toby & Morton Gross, Harlan Harris, Robin & Lenny Heiser, Carl Hodous, Deborah & Eric Hoffman, Elayne & Ronald Kluchin, Rosalind Krasney, Mickey & William Kraus, Sharon & Jamie Levovitz, Sandy & Bill Lieberman, Cheryl Miller & Marilyn Dachner, Arlene & Jack Pesselman, Charlotte Price, Heddy & Leonard Rabe, Rose & Ken Rosalina, Enid & David Rosenberg, Sandra & Jeremy Rosenthal, Anita & Stephan Ross, Barbara & Alan Rosskamm, Betty Rosskamm, Harriet Roth, Shelley Roth & Bruce Schwartz, Kathy & Daryl Rothenfeld, Marvin Rothenfeld, Elizabeth & Neil Ruddock, Andrea Saltzman, Mildred Schneider, Anita & Michael Siegal, Deborah Squires Gooble & Sydna Crutchley, Strassman Insurance, Shirley & Frank Ungar, Joyce & Eric Wald, Connie & Neil Waxman, Ellen & Jeffrey Weiner, Rhonda & Roger Wolfson

In memory of Larry Feuer – Nora & Brian Berman, Rosalind Krasney

In memory of Faye Madorsky – Marjorie Levine

In memory of Larry Massien – Carolyn & Allan Hartman

In memory of Thomas Moriarty – Terri Barnard

In memory of Claire Palnik – Janice & Robert Blakeley, Carole & Harvey Wolsh

In memory of Harold Sicherman – Betty Freed, Dr. & Mrs. William R. Hart, Karen Fields & David Klausner, Ellen & Jeffrey Leavitt, Ruth & Doug Mayers

In memory of Magda Solomon – Doris Rosen

In memory of Lucille Stein – Erica Epstein

In memory of Sylvia Weisbrot – Shirley Gaye

In memory of Alice Wylen – Bernice Hutkin

Rabbi's Discretionary Fund

Seymour Greenstein

Diane Wasserman

Annette & Jeffrey Zuckerman

In memory of Florence Kendis – Anita & Michael Pupa

RH Myers Apartments

In memory of Jane Zwerin, Ruth Talani, Ruth Pitrone, Faye Madorsky, and Florence Arberman – Fanny Edelstein

Stone Gardens

In memory of Sylvia Brooks – Elaine Chaplin

In memory of Marion Halle – Helen Graves, Wendy & Richard Halle, Terri & Bud Johnson

In memory of Sally Siegel – Carol & Leonard Salinger

Wiggins Place

For a birthday party in honor of Ruth Davis – Barbara & Gerald Davis

Expansion is FUNdamental!

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FUNdamentals staff member Amanda Berlas holds little Anthony Bobeczko up for a wide eyed view of the groundbreaking.

Thanks to a generous lead gift from Diane and Harvey Scholnick, and numerous generous donations, Menorah Park will be able to add two new classrooms and a multi-purpose room to the existing FUNdamentals building. A complete list of the donors will be printed in the next issue of the newsletter.

Snow Date: the Menorah Park Center for Senior Living Annual Meeting date has moved to Tuesday, January 11th at 7:30 p.m. due to weather concerns last month.

We Know You Need Us At Home: Now, Two Grants Help Bring us to You

Homemaking Program

Thanks to a grant from the Cuyahoga County Department of Senior and Adult Services, Menorah Park Home Health Services can help fill a gap in needed senior care and assist older adults living in Cuyahoga County to function more independently at home, announced Barbara Marcelletti, Administrator of Menorah Park Home Health Services.

The Community Social Services two-year grant will enable Menorah Park to provide homemaking services to residents who are age 60 or older, or to qualifying adults between the ages of 18 and 59 who are SSI Blind and or SSI Disabled, and who could not otherwise afford these services.

The Homemaking program is a service designed to deliver basic housekeeping to clients with no other in-home support, helping them to achieve and maintain a clean, safe and healthy environment. Home health professionals assess each individual's needs to ensure that the right assistance is in place.

Is Adult Day Care the Right Option?

While there are many different types of senior care available, adult day care centers are designed for older adults who can no longer manage independently, who are isolated and lonely, and have access to evening and weekend care-giving through family, home health care or other services.

Sometimes family members or primary caregivers may feel reluctant to use adult day care services because they are unfamiliar, or because a loved one is tentative about trying something new. However, a day care center like Menorah Park's Adult Day Care Center benefits both the senior and the caregiver. Participants are in club settings so they are with peers with like challenges that may be physical or related to memory, or are simply in need of companionship. They benefit from socializing with others and receiving needed care services. Caregivers can benefit by getting a break from care duties while knowing that a loved one is in good hands. An added benefit to Menorah Park's Adult Day Care Center is that many other services can be coordinated for you, because they're all right here. These include land-based and aquatic physical therapy, occupational and speech therapies, home health services, daily living products and more.

Alzheimer's Respite Care

Respite care is now available through Menorah Park Home Health Services, thanks to a grant from the Western Reserve Area Agency on Aging. This program is designed to help family caregivers who have loved ones with Alzheimer's Disease or related dementia by providing important support services.

Alzheimer Respite funds may be used for specific services such as personal care, homemaking, and companionship. Certain eligibility criteria must be met and is assessed by Menorah Park Home Health professionals.

"This new program gives access to services that allow families to continue to take care of loved ones at home for as long as possible," said Barbara. "Support is often needed in order to reduce the risk of 'caregiver stress' that can result in caregivers becoming sick or worn down. We're pleased that these two new grants support our mission to care for everyone in our community."



If you would like to explore this option, contact Judy Shankman to learn about the variety of choices available at 216-839-6673.

Now Open at Stone Gardens Assisted Living Residence

Beautifully furnished, exquisitely designed Respite Suite for long or short term stay with daily rates and all inclusive amenities such as meals, nursing, activities, and much more. For more information, call 216-292-0070 and ask for Nancy Friedman or Ross Wilkoff.

And the Winner Is...



The Great Chili Cook-off delivered fun and a deliciously good time as chefs from the R.H. Myers Apartments, Stone Gardens, Wiggins Place and Pearl's Place cooked their recipes for the judging officials and audience. While they were all hailed as delectable, the winner came from Stone Gardens and we would like to

share sous chef Matthew Bauman's recipe with you.

Bon Appetite!

Chili with cilantro lime sour cream and crispy jalapeno polenta croutons

Yield: Six Quarts

Ingredients

1 ea spanish onion, medium dice
 1 ea red pepper, medium dice
 1 ea green pepper, medium dice
 2 stk celery, medium dice
 1/2 bu scallion, sliced 1/4" wide
 1 tsp garlic, minced
 1 lb ground beef
 1/2 lb hot beef sausage, (ground, not in links)
 1 lb veal roast (cooked and shredded)
 1 qt kidney beans, rinsed and drained
 3 C canned diced tomato
 1/4 C chili powder
 1/8 C ground cumin
 4 oz margarine
 1 C flour
 2 C chili sauce
 3 C beef stock
 3 C chicken stock

Procedure

First make all appropriate knife cuts on first six vegetables and put into a large pot with the melted margarine. Add ground beef, hot sausage, kidney beans, chili powder, and ground cumin to the pot. Cook all ingredients on medium to low heat, stirring frequently until the meats are cooked and vegetables are tender. Next add the flour, mix and cook for five minutes. Add remaining ingredients and bring slowly up to a simmer.

Pour Chili into a bowl and garnish with sour cream and croutons. For details on recipes for special sour cream and croutons, email bsilver@menorahpark.org.

At Stone Gardens - It's About the People

Awards are nice, but the impetus for the awards, which makes them meaningful, is the genuine and instinctive caring exhibited by staff.

They go above and beyond, focusing on every detail to make life enjoyable and an absolute pleasure at Stone Gardens

Assisted Living. That's why we are so proud that two of our staff members were honored with the following distinctions.



Larry Betlejewski,
 Director of

Environmental Services received the 2010 Ohio Assisted Living Association Honoring Excellence Award.

For more than 13 years, Larry Betlejewski's combination of resident interaction, random acts of kindness, talent, skills and knowledge has made him an invaluable and endearing member of the Stone Gardens Community, and family. He has helped to reduce energy and water costs for the building, overseen two building expansions, and directs all capital construction while reducing costs of labor and material. He set up and oversees the building's wireless network, assists residents with technical issues with their computers, is in charge of transportation and supports security.

David Walker, Dining Room Manager also received the Ohio Assisted Living Associations Honoring Excellence Award 2010. He has been in the restaurant business since the age of 15. He was chef to celebrities at a well-known hot-spot in Chicago before beginning his career at Stone Gardens in 2008. His flair and spirit of culinary excellence with top-notch customer service make every dining experience an absolute pleasure for each resident. He initiated a program to help residents enjoy their very own favorite recipes, redesigned table top



menus to assist with choices, visual or cognitive challenges, and applies culinary standards to ensure consistency and quality. He also provides staff with nutritional information. He consistently embodies the highest standards of compassion, resident care and teamwork.

Celebs and Celebrations on Campus

Rock Legend Steven Tyler of Aerosmith Calls

REALLY! The legendary Steven Tyler of the band Aerosmith, and one of the newest judges slated for American Idol, called Menorah Park resident Susan Marshall to wish her happiness and strength for her Bat Mitzvah. And it really was amazing! It happened on the first day of Chanukah, which is a day for miracles.

By now, most of you have heard the story of Susan Marshall, a former model from New York who now has Lou Gehrig's disease. At 72 pounds, she can't use her arms or legs, or even talk. After much hard work and tenacity, Susan's dream of a Bat Mitzvah came true. While in rehearsal, she confided to us that it was also her dream to have Steven Tyler attend her Bat Mitzvah.

After five weeks of investigating and figuring out a way to communicate the news with Steven Tyler, one day, the phone rang. "I have Steven Tyler here," said Deanne Saffren, his publicist. "Is Susan Marshall there?" Within 20 minutes, Susan was sitting in a private room on her pavilion wondering what all the excitement was about, as the Public Relations, staff on Campus smiled a bit mischievously while dialing a phone number. When Steven Tyler's voice rang through the speakerphone, Susan grinned ear to ear. She asked him through her computer if he could physically come to Cleveland. He explained that he could not make the ceremony, because he would be performing in Washington D.C. that day, but wanted to wish her well.

He told her to be strong, seek happiness, and realize that happiness is all we have. Those of us in the room were wide-eyed and teary with astonishment and happiness for Susan. It was truly heartwarming to see that in the busy world of a Rock Star as huge as Steven Tyler, he made time to tell Susan that she was in his thoughts, and that he loved her. He even spoke a bit of Hebrew. It truly was a miracle for Susan on that first day of Chanukah with Steven reaching out and making Susan's dream come true. Before the end of the conversation, Steven was told that Dream On is one of Susan's favorite songs. In parting, he sang those two words to her, twice.

Menorah Park is all about ensuring our residents' happiness and helping them know how much they are loved and appreciated; and that their dreams matter to us. On this Campus, we see miracles, large and small, happening all around us, everyday! How amazing it is that the many forces of good came together on the perfect day, bringing a miracle for this very special woman, at this time in her life.

B-Ball at Wiggins Place

Sports star Tamir Goodman visited Wiggins Place recently to tell about his experiences growing up in Maryland to an Orthodox Jewish family with six brothers and two sisters. He began playing basketball at five years of age, and garnered national attention as a junior in high school, averaging 35.4 points per game. He earned recognition in Sports Illustrated and was interviewed by ESPN, 60 Minutes and Fox Sports. In 11th grade, he was ranked the 25th-best high school player in the country. He was dubbed the "Jewish Jordan", nicknamed JJ. He eventually moved to Israel, got married and is the father of three children. He speaks throughout America, motivating Jewish students to try their best to fulfill their dreams, but also remain steady to their religion.



Actor, Dancer and Bar Mitzvah Student

By Volunteer Helene Weinberger



Audrey Kursman is touched by Jacob Zelonky's gracious personality.

You may not recognize the name of Jacob Zelonky, but many of you saw and heard this charming and talented 12 year-old when he came to Menorah Park and demonstrated his singing and dancing abilities! He is now on the BILLY ELLIOT National Tour, playing Billy's friend, Michael.

He and his Mom, Barb Gelb, have chosen as his Bar Mitzvah project, to go to nursing homes during his theatrical tour to talk about his activities, and visit individually with as many residents and family members as possible. It's easy to see by his patience, kindness, and his enthusiastic responses to those he comes in contact with that Jacob really loves what he is doing – both theatrically and humanly!

Jacob was chosen for a Junior Conservatory Scholarship in 2007, and he won the Allie Award for Best Performance by a Young Actor 12 and under in 2008.

You should remember his name because he will undoubtedly be a driving force both onstage and off in the future! Good luck, Jacob!

Menorah Park Center for Senior Living
 Bet Moshav Zeckenim Hadati
 27100 Cedar Road
 Beachwood, Ohio 44122

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January - Menorah Park Skilled Nursing Home Activities/Outings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Music with Bob and Shelly Orlandi 2:45 p.m.	3 Distance Learning MBR • 2:30 p.m.	4 Russian Group Fairmount • 10:30 a.m. High Tea with Mary Beth Ions 3:00 p.m.	5 Cabaret Lounge 2:45 p.m.	6 Music Time with Andrea & Rob 2:45 p.m.	7 Oneg Shabbat 2:45 p.m.	1
			Ho Wah Weinberg 1 & Friedman	Long Horn Steakhouse Weinberg 2	Outing Beachwood	8
9 Pancake Breakfast 10:00 a.m. Sing Along with Fred 2:45 p.m.	10 American Heritage Clothing Sale • 10:00 a.m. Gross Schechter Intergenerational Tour 10:00 a.m. Distance Learning MBR • 2:30 p.m.	11 Russian Club 10:30 a.m. Wine Tasting in Pearl's • 2:45 p.m.	12 High Tea with Cliff Habian 3:00 p.m.	13 Resident Choir RCAC • 10:30 a.m. Agnon School Choir 10:45 a.m. Havdalah Candle Making Workshop • 2:45 p.m.	14 Clown Troupe 10:00 a.m. Oneg Shabbat 2:45 p.m.	15
	Abuelos Fairmount	Bob Evans Beachwood	Outing Weinberg 1 & Friedman	Smokey Bones Euclid	Brio Heights	
16 Solon School of Dance 2:45 p.m.	17 Meshugganotes 2:30 p.m.	18 Russian Group Fairmount • 10:30 a.m. Drumming Fairmount 2 • 10:30 a.m. High Tea with Mike Leamon • 3:00 p.m. Menorah Café* 5:00 p.m.	19 Broadway Tunes with William Clarence Marshal 2:45 p.m.	20 Residents' Council 2:45 p.m.	21 Morning Movie 10:00 a.m. Tu B'Shevat Seder with Rabbi Karp 2:45 p.m.	22
	Cheesecake Factory Fairmount Martin Luther King Day		Outing Weinberg 1 & Friedman	Ho Wah Weinberg 2 Tu B'Shevat	Outing Beachwood	
23 Music with Evie Morris 2:45 p.m.	24 Gross Schechter Intergenerational Judaic Program 10:00 a.m. Distance Learning MBR • 2:30 p.m.	25 Russian Club 10:30 a.m. Music with Dwyte Paris 2:45 p.m.	26 Residents' Talent Show 2:45 p.m.	27 Resident Choir 10:30 a.m. High Tea with Rich Gallo 3:00 p.m.	28 Story Time with FUNDamentals Library • 10:30 a.m. Oneg Shabbat 2:45 p.m.	29
	T.G.I. Friday's Fairmount	Outing Beachwood	Outing Weinberg 1 & Friedman	Bob Evans Euclid	Wasabi Heights	
30 Bagel Brunch 10:00 a.m. Classical Violin Music 2:45 p.m.	31 Gross Schechter Intergenerational Judaic Program 10:00 a.m. Distance Learning MBR • 2:30 p.m.	<p>* Reservations Required</p> <ul style="list-style-type: none"> • All Outings at 10:30 a.m. Except When Noted • All Services in Synagogue • All High Teas in Front Lobby • RCAC = Rosenbluth Creative Arts Center • MBR = Miller Board Room • All programs in the auditorium unless specified <p><i>Please note, activities are subject to change</i></p>				

To offer your feedback on this newsletter, please e-mail sgavanditti@menorahpark.org or call 216-839-6687.

One Campus, Many Solutions, One Person at a Time

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Menorah Park Campus News